

Psychology

SEMESTER-I

PAPER	:	MJC-I (T)	Full Marks : 100
TITLE OF THE PAPER	:	Introduction to General Psychology	ESE : 70
CREDIT	:	4	CIA : 30

Course Outcomes

After the completion of the course, the students will be able to:

- CO1: Get understanding about psychology, its sub-field and perspectives.
- CO2: Acquaint themselves of major concepts, theoretical perspectives and research findings in Psychology.
- CO3: Develop familiarity of various psychological processes such as learning, memory, motivation, emotion, etc.
- CO4: Develop an insight into their own and others' behavior and underlying mental processes.

MJC 1: Introduction to General Psychology (Theory:4credit)		
Unit	Topics to be covered	No. of Lectures
1	Introduction 1.1 Psychology as a scientific study of behavior, Sub-fields and applications of Psychology 1.2 Perspectives of Psychology-Psychodynamic, Behavioral, Cognitive, Humanistic and Positive 1.3 Methods : Experimental, Interview and Case study	08
2	Learning and Memory 2.1 Learning: Meaning, Theories of learning: Classical conditioning, Instrumental conditioning and Observational learning 2.2 Memory: Sensory, STM and LTM; Forgetting and its causes	10
3	Motivation & Emotion 3.1 Motivation : Nature and types, Need-hierarchy model 3.2 Emotion : Nature, Bodily changes in emotion, 3.3 Theories of emotion - James-Lange theory, Cannon-Bard theory and Schachter- Singer theory 3.4 Emotional Intelligence- Meaning, Dimensions and implications	12
4	Individual Differences 4.1 Intelligence : Nature and Theories: Spearman's Two-factor theory, Thurstone's theory and Sternberg's Triarchic theory of intelligence 4.2 Personality : Nature, Determinants and theories, Freud, Social cognitive theory, Big Five Factor theory	10
TOTAL		40

Senha
14.06.2023

Rakhi
14.06.23

2023
14/6/23

SEMESTER-I

PAPER	:	MJC-I (P)	Full Marks : 100
TITLE OF THE PAPER	:	Introduction to General Psychology	ESE : 70
CREDIT	:	2	CIA : 30

MJC 1: Introduction to General Psychology (Practical : 2 credit)

Practical:-

Based on course MJC 1(P) Introduction to General Psychology, students are required to conduct any TWO experiments from the following :-

1. Transfer of Training.
2. Learning by Serial recall
3. Zeigarnik Effect
4. Effect of knowledge of result on performance
5. Retroactive Inhibition

Suggested Readings:

1. Morgan, C.T., King, R.A., Weiss, J.R.; and Schopler, J. (1993). Introduction to Psychology. New York: Tata McGraw Hill.
2. Ciccarelli, S.K. & Meyer, G.E. (2007). Psychology (South Asian Edition). India: Pearson Education Inc.
3. Baron, R. A. & Misra, G. (2014). Psychology, Indian Subcontinent Edition, Pearson Education.
4. Singh, A.K. Uchchar Samanya Manovigyan. Motilal Banarsidas, Patna.
5. Suleman & Tarannum (2005). Manovigyan mein Prayog aur Parikshan, Motilal Banarasi Das.
6. Singh, A. K. (2014). Uchchar Manovigyanik Prayog evam Parikshan, Motilal Banarasi Das.
7. Mohsin, S. M. (1974). Experiments in Psychology, Oxford Publications, New Delhi.
8. D. Amato, M. R. (1970). Experimental Psychology : Methodology, Psycho-physics & learning, New York, Mc Graw Hill.

Deeba
14.06.2023

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14.06.23

LPB
14/6/23